

Quality Quick Tips

June 2021



HEALTH PLAN

CHILDREN'S HEALTH

The COVID-19 pandemic has caused many provider offices to see a decrease in their ability to provide routine preventive services. Many patients are past due for immunizations, well visits and other preventive screenings. As restrictions begin to lift, McLaren Health Plan (MHP) encourages providers to continue to provide quality care by promoting healthy lifestyles. We have summarized best practices below, along with tips on how to provide quality outcomes.

Well Child Visits

(Visit expectation by age)

- In the first 15 months of life – 6 visits
- 15 months to 18 months – 2 additional visits
- Children and adolescents age 3-21 years – annual well visits

Well Child Visits should include:

- Growth and development assessment
- Mental developmental history
- Complete physical exam
- Anticipatory guidance documentation
- Vision screening
- Oral health screening

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (3-17 years)

Expectation: Children/Adolescents who have had an outpatient visit with a PCP or OB/GYN during the measurement year with evidence of:

- BMI Percentile documentation
- Counseling for nutrition
- Counseling for Physical Activity

Tips and Best Practices

- Avoid missed opportunities by taking advantage of every office visit to provide a well child visit, immunizations, lead testing and BMI calculations
- A sports/day care physical becomes a well child visit by adding anticipatory guidance to the sports physical's medical history and physical exam.
- BMI percentiles should be calculated at every office visit. Also include nutrition counseling and physical activity.
- Log all immunizations through MCIR to ensure timely completion and closure of gaps.
- Encourage children to receive preventive dental care twice a year.
- MHP will reimburse you for one well child visit per calendar year for children 3 years old and older. **You do not need to wait 12 months between visits.**
- **Use your GAPS in Care list to identify patients who need one of the above listed services.**

If you would like additional information regarding these quality measures or your Gaps in Care report, please email MHPOutreach@mcclaren.org. Remember to talk to your patients about tobacco cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members. Call 800-784-8669.

Thank you for the quality care you deliver!

PCP Feedback (Please print)

Comments, requests, questions, etc.: FAX to **810-600-7985**

PCP Name/Office Name _____

Name _____

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Email _____